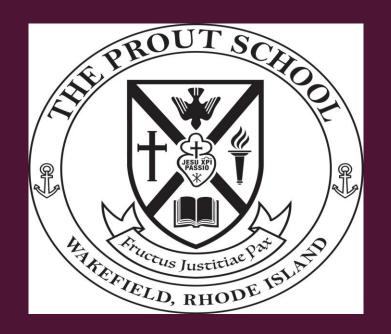
WELCOME TO THE PROUT SCHOOL

ACADEMIC ORIENTATION
CLASS OF 2029



OPENING PRAYER

Good and loving God,

We thank you for creating the world in all its beauty.

We thank you for memory, which enables us to build on the experiences of the past; for imagination, which admits us to a wider world than we could have otherwise known;

and for foresight, by which we plan for the future.

Bless these students—help them to recognize their God-given gifts, and help them strive to make a difference in the world.

We ask this in your name....Amen.

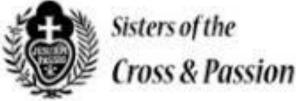
Venerable Mother Mary Joseph Prout...Pray for us

- (adapted from a prayer by Joseph P. Shadle)

THE TRADITION OF THE PROUT SCHOOL

- Class of 2029 will be the 61st Graduating Class
- Founded by the Sisters of Cross and Passion
- A community of learners, believers, friends
- Academic strength through College Prep, Honors and IB





GRADUATION REQUIREMENTS

 Successfully complete and earn 24 credits to obtain a Prout School diploma and complete 20 hours of service each year

Theology 4 credits

English4 credits

Phys Ed/Health2 credits (I semester per year)

Mathematics 3 credits

Science3 credits

Social Studies3 credits

Foreign Language 3 credits (3 year sequence in one language)

ArtsI credit (2 semesters)

LEVELS OF CHALLENGE







IB LEARNERS' PROFILE



Inquirers

"I try to approach learning with a positive spirit."



Knowledgeable

"I try to think about the world and the important things in my country and globally, and in the environment."



Thinkers

"I take personal responsibility for my decisions and my actions."



Communicators

"I listen to and respect the opinions of others."



Principled

"I own up to my mistakes and take consequences for my actions."



Open-Minded

"I respectfully listen to diverse points of view."



Caring

"I show empathy, compassion, and respect towards others."



Risk-takers

"I approach uncertainty with determination and perseverance."



Balanced

"I understand the importance of balancing different parts of my life."

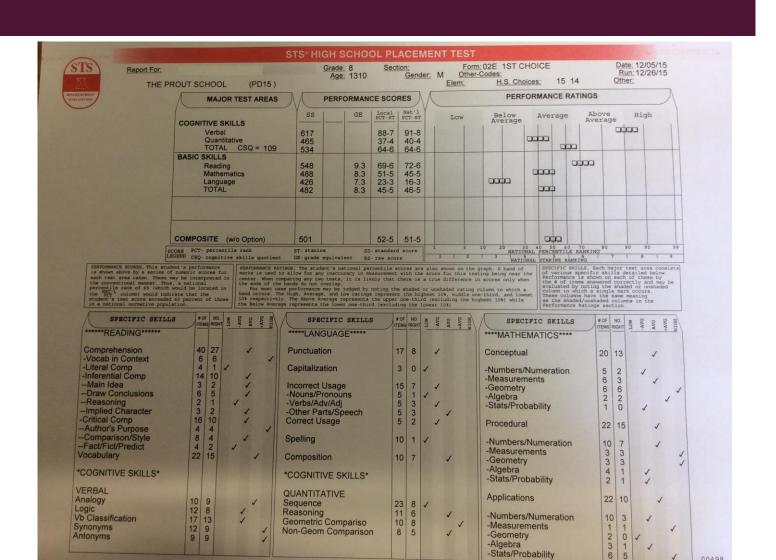


Reflective

"I work to understand my own strengths as a person and also the areas I need to improve in."

PLACEMENT

- Seventh and Eighth Grade Report Cards
- Teacher recommendations and comments on Report Cards
- Standardized Testing (STARR, Terra Nova, etc.) and HSPT ("Entrance Exam")



PROGRAM OF STUDY

- Theology
- English
- Foreign Language
- Social Studies
- Mathematics
- Science
- PE/Health
- Art/Elective

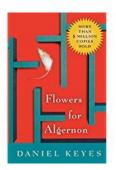


- Overview of Catholic Faith & Sacred Scripture
- Freshman Retreat
- 20 hours of Christian Service

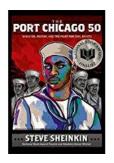


Theology

- 9 Our Catholic Faith & Scripture
- 10 Jesus, Source of Our Salvation; Jesus, Our Moral Guide
- II Sacraments and Church
- I2 IB World Religions (full year) ORTheology I2 (Prayer, Catholic Social Teaching)



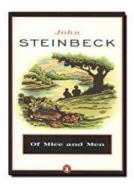






- Critical thinking and writing skills are studied through literature
- College Prep and Honors classes use different texts to challenge reading level and understanding of literary devices
- Summer Reading

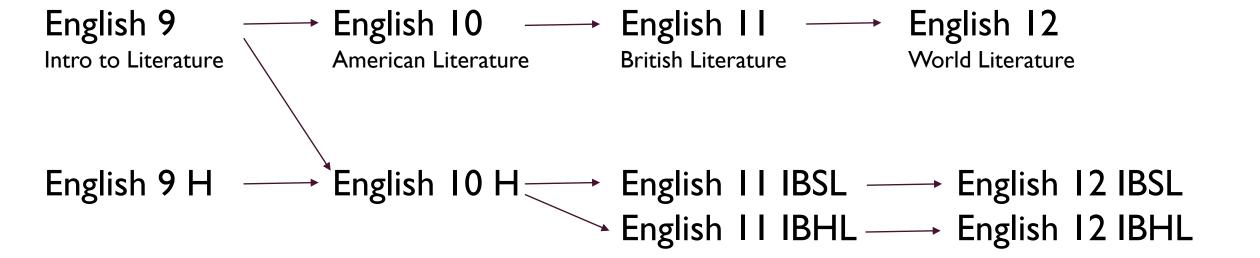








English



- French, Italian, or Spanish
- 3 years sequential
- Students sitting for the IB exam must be seniors

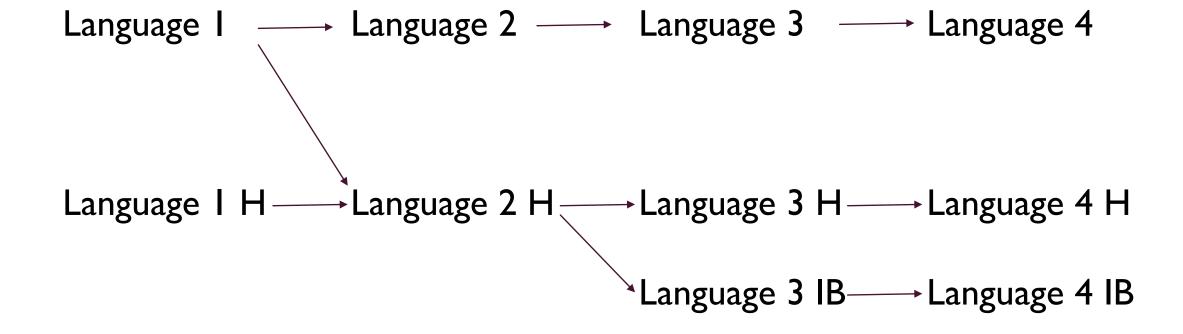




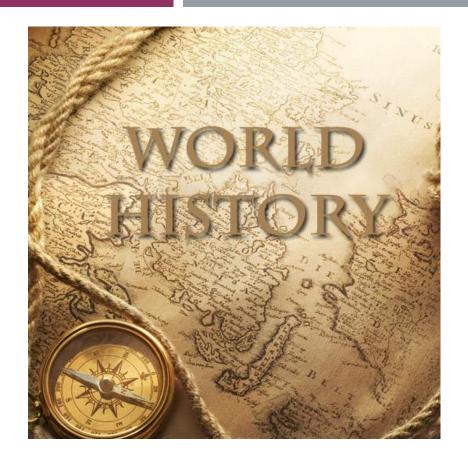




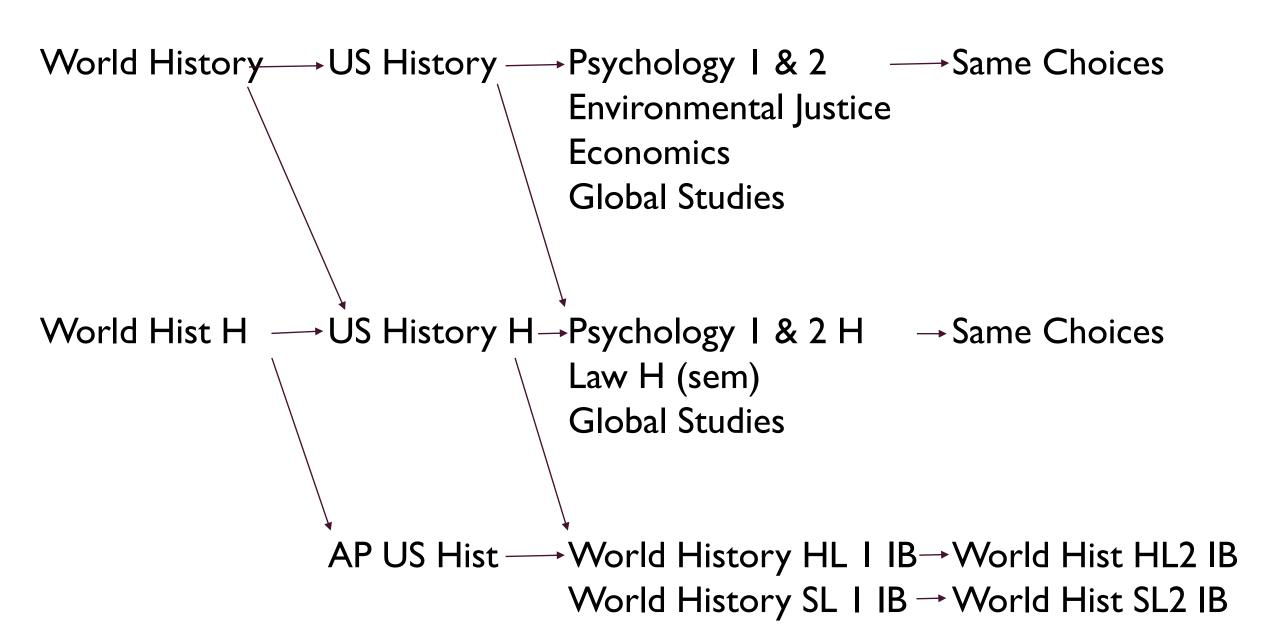
Foreign Language



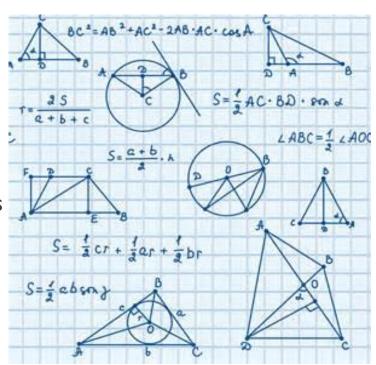
- World History (CP or H)
- Antiquity through 19th century



Social Studies



- Algebra I Factoring, Polynomials, Systems of Equations, Coordinate Geometry, Radicals, Linear Functions,
 Exponential Functions
- Algebra 1H includes topics from Algebra 2H, Inequalities
- Geometry H Reasoning, Formal Proofs, 2 Column Proofs, Congruence, Lines,
 Right Triangle Trig., Polygons, Surface Area & Volume of Geom. Figures
- Algebra 2-Linear Functions, Quadratic Functions, Complex Numbers,
 Polynomial Functions, Radical Functions, Exponential and Logarithmic Functions
- Algebra 2H—same as Alg 2, plus Matrices, Rational, Radical, Exponential and Logarithmic Functions
- Summer Review Packet



Mathematics

Algebra I → Geometry → Algebra 2 → Personal Finance Pre-Calculus

Algebra I H → Geometry H → IBAI Math SL I → IBAI SL 2

Geometry H \rightarrow Algebra 2H \longrightarrow IBAA Math HL I \rightarrow IBAA Math HL 2 IBAA Math SL I \rightarrow IBAA Math SL 2

Algebra 2H → IBAI Math SL 2 → IBAA Math HL I→IBAA Math HL 2

Biology 9 or 9H
 Cell, Genetics, Evolution, Monera, Protists
 and Fungi, Multicellular Plants and Animals,
 Ecology

Lab investigations and cooperative learning activities



Science

Biology —→ Chemistry

Biology H → Chemistry H

One Semester Courses

Forensic Science CP
Marine Science & Aquaculture CP
Oceanography CP

One Year Courses

Environmental Science
Physics Honors
Human Anatomy & Physiology CP & H

Two Year Courses

IB Biology HL IB Physics HL

IB Design Tech SL IB Physics SL

Physical Education / Health

Holistic Wellness / Health

Dance / Health



PE/Health







"NOT EVERYTHING IS GOOD FOR EVERYONE, AND NO ONE ENJOYS EVERYTHING" – SIRACH 37:28

Electives

8 PERIOD SCHEDULE





A Theology

B English

C Italian

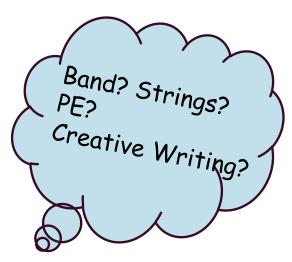
D World History

E Algebra I

F Biology

G Holistic Wellness/Visual Art

H ? / ?

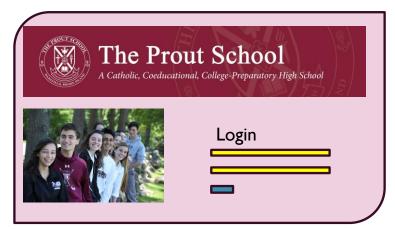




STUDENT PORTFOLIO



ODDS AND ENDS





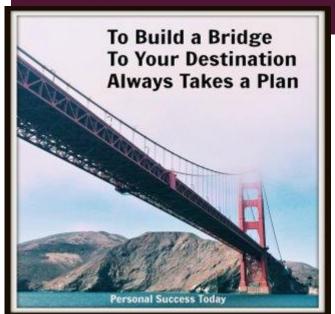


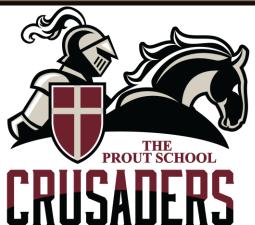






TRANSITIONING FROM MIDDLE SCHOOL TO HIGH SCHOOL





The Prout School recognizes the academic, emotional, and social challenges every incoming freshmen faces. Entering high school, like entering college, is an exciting transitional journey from the known to the temporarily unknown: a gateway to learning about self, one's new role in the Prout community, one's passions and talents, and one's best academic learning styles.

In every life transition, we need to feel a sense of connection to the new situation: a sense of belonging, of being valued, of security and comfort, of familiarity, of knowing the expectations, and of welcoming acceptance.

This is what the Prout community is all about

FRESHMAN YEAR

- * Make a "study zone"
- Establish strong study skills
 - Homework matters!
- Set personal and academic goals
- Develop a reading plan that includes newspaper, magazines and books

*Explore extra-curricular activities

- Try something new that interests you
- Become actively engaged in community service work
- Have a meaningful summer experience (job, volunteering, class)



- Ask for what you need and/or for help
- Talk to your teachers
- Talk to your Guidance Counselor

*Try Hard (or "scary") Things

- Talk to new people
- Do new things like class presentations
- Keep an open mind

GETTING INVOLVED IN EXTRACURRICULAR ACTIVITIES

- Further developing skills you already have
- Discovering some new talents/interests you didn't even know you had
- Making new friends who share your same interests/talents
- Having fun
- Learning important life skills: leadership, team work, patience, creativity, time management, determination, perseverance
- Staying healthy physically, mentally, and socially
- Building a GREAT resume for college applications jobs, and internships





EXTRACURRICULAR ACTIVITIES

Art Club	Blessed Carlo Acutis Club	Book Club	Cheerleading (Club Sport)
Cookie Club	Dance Club	French Club	Improv Club
Peer to Peer	Knitting and Tea Club	Academic Decathlon	Math Team
Model Legislature	Photography Club	Ping Pong Club	Recycling and Garden Club
Rock Climbing Club	Sailing (Club Sport)	Saint John Paul II Club	Spanish Club
Student Council	The HEART Magazine	Yearbook	Youth Force
	Cookie Club Peer to Peer Model Legislature Rock Climbing Club	Acutis Club Cookie Club Dance Club Peer to Peer Knitting and Tea Club Model Legislature Photography Club Rock Climbing Club Sport) Student Council The HEART	Cookie Club Dance Club French Club Peer to Peer Knitting and Tea Club Club Photography Club Rock Climbing Club Sailing (Club Sport) Student Council The HEART Yearbook



You are the reason we are here

HOW WILL I MAKE POSITIVE CONTRIBUTIONS TO THE PROUT COMMUNITY



Believe in self and the special talents God has given you

Know that although academics are important, there is much, much more to each person than grades – No one is a number at Prout

Remember as a member of the Prout family, just like in any family, you have responsibilities

Know that school "rules" are designed for the creation of a school environment where everyone feels safe, accepted, and comfortable

Understand what is expected of you as a representative of Prout where ever you go

VHAT DO WE EXPECT OF ALL MEMBERS OF THE PROUT SCHOOL COMMUNITY

Respect Others

Accept Others



Be Kind

Respect Self

Work Hard

Stay Humble

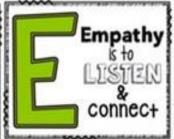
Use Your God- Given Talents

Respect the Property

Ways to show you're All About Pout RESPECT

















Realizing we never really know what someone else is dealing with

Examining our own bias'

Seeing the best in each other

Preparing to meet others with openmindedness

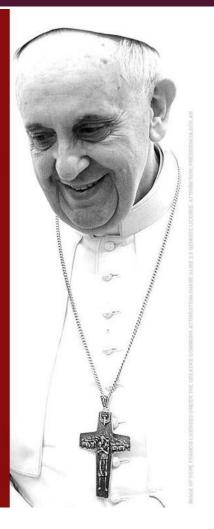
Eliminating hatred and violence in our own hearts

Considering the feelings of others

Thinking about how to positively affect the lives of others

FOCUSING ON OUR GOD GIVEN TALENTS AND GIFTS

DEAR YOUNG E GIFTS THAT



As a child of God and as Crusaders, you are called upon to use your gifts to enhance the Prout community and the community at large, and to help those in need.

May we nurture our God-given gifts and employ them every day. May we help others to feel loved and cared for, and help us to develop inner happiness and peace and a stronger relationship with God. During the 2025-2026 academic year, students are required to complete at least 10 service hours by the day before midterm exams, and 10 additional hours by the day we return from April break. Students will submit their verification forms to their theology teacher. Students are asked to choose an organization from those listed below or from your parish/church. Any organization not listed here must receive prior approval from your religion teacher.

(You may start your service hours this summer)

American Cancer Society

American Red Cross

Boy Scouts

Catholic Relief Services

Confetti Foundation

Crossroads Rhode Island

Elderwood of Scallop Shell

Girl Scouts

Veterans Administration

Gloria Gemma Foundation

Habitat for Humanity

Jonnycake Center

Make-A-Wish Foundation

Prout Ambassadors Program

Prout Garden Project

Save the Bay

Special Olympics

St. Vincent DePaul Society

Go to the Prout website

Life at Prout

Catholic Identity

Christian Service

Form

ELIZABETH PROUT SERVICE INITIATIVES

- Our School Namesake and Patroness, (Elizabeth) Mother Mary Joseph Prout had a charism for SERVICE.
- Jesus reminds us that we are called to SERVE one another.

ELIZABETH PROUT SERVICE DAYS

- Promotion & safeguarding of human dignity
- Christian charity expressed in concrete acts of service
- Corporal Works of Mercy

- Each class will learn about a charitable, nonprofit organization rooted in the Corporal Works of Mercy.
- Each class will travel to a service site for a day

"Whatever you do to the least of these, you do to me" (Mt 25:40)



Meanwhile, these three remain:
Faith, hope, and love.
And the greatest of these is love.
(1 Cor 13:13)

BECOMING THE BEST VERSION OF YOURSELF – AND THE PERSON GOD MEANS FOR YOU TO BE

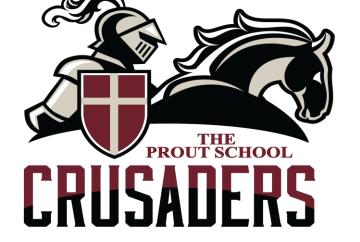




There are no strangers at The Prout School- only friends you haven't met yet

Everyone is someone with whom we can find common ground and heart connections

We are a community of learners ... a community of believers...and a community of friends



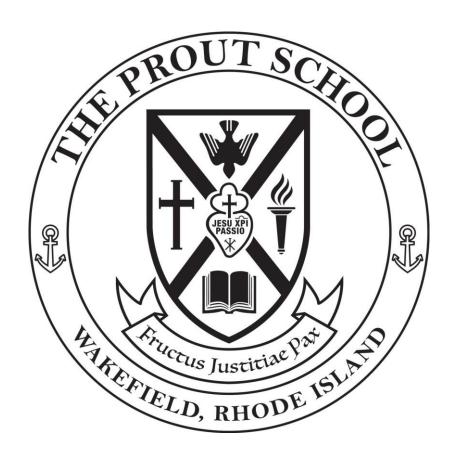
We cannot wait to see how YOU will make The Prout School an even BETTER community than it already is

LOOKING FORWARD



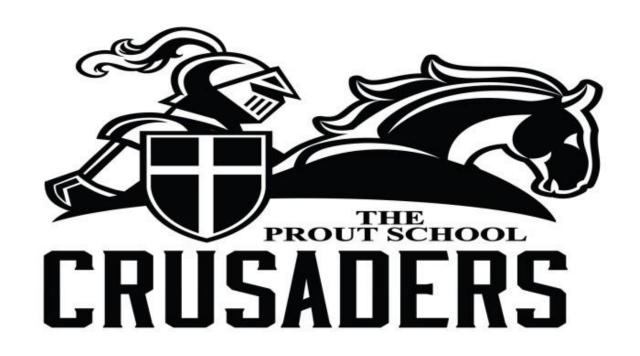
Being a Prout Crusader is a GREAT adventure – utilize every minute because it goes by quickly- and soon this will be YOU at graduation

CONTACT INFORMATION - ACADEMICS



Ms. Mary Hoyt, Director of Guidance mhoyt@theproutschool.org (401) 789-9262 x 530

Ms. Lily Araujo, Guidance Counselor laraujo@theproutschool.org
(401) 789-9262 x 543



"Success is no accident. It is hard work, perseverance, learning, studying, sacrifice and most of all, love of what you are doing or learning to do." - Pele